



CONTINENTAL

Juices

Orange, cloudy apple or pink grapefruit

Breakfast Cereal

Kellogg's cornflakes, Rice Krispies, Frosties, Fruit n Fibre, Weetabix

Yogurt

Greek style or strawberry

Fruit

Fresh fruit bowl or grapefruit segments

Tea/Coffee

Pot of Twining's English breakfast or Teapigs Earl Grey, green tea or freshly ground filter coffee

HOT BREAKFAST

Full English

Bacon, sausage, tomato, mushroom, hash brown, baked beans, black pudding, sourdough toast with your choice of poached, fried or scrambled egg

Full Vegetarian

Hash brown, tomato, mushroom, baked beans, vegetarian sausage, sourdough toast with your choice of poached, fried or scrambled egg

Porridge

with a selection of sultanas, toasted almonds and honey

Smoked Salmon & Scrambled Eggs

on toasted sourdough with a wedge of lemon

Avocado on Toast

Smashed avocado on toasted ciabatta, with roasted tomato, chilli and lime and two poached eggs

Hot Waffles

with maple syrup and banana or berries